

## **REPORT OF NSS ACTIVITIES (2015-2016)**

Regular Programmes of the NSS Units were conducted throughout the year. 'Banmahotsav' was observed through a Tree-plantation programme held on 26<sup>th</sup> August 2015.

Saplings were procured from local nurseries and planted in the area in front of the Commerce Department. The Officer-in-Charge of the college, departmental faculties and NSS programme officers as well as 30 student-volunteers (Male – 25, Female – 5) participated in this event. Regular care was taken of these saplings by watering these saplings, and fences were also put up around them for protection.

Campus Cleaning activities were undertaken on a regular basis in the college campus. Once the monsoons subsided, the college grounds were covered with weeds. NSS Volunteers (Male – 20) painstakingly cleared the campus of these unwanted plants to give the college surroundings a fresh look before the forthcoming festival season.

The NSS Day was celebrated in the college on 24<sup>th</sup> September 2015. All Volunteers who were present that day assembled in the college campus around 11 a.m. The Programme Officers addressed them and elaborated on the various duties and responsibilities of the Volunteers. The important role that NSS can play in the character-building of the nation's youth was emphasised by them. They also provided the newly-enlisted Volunteers a brief overview of the future events to be carried out by the College NSS Cell.

Special Programmes were also held throughout the year. The NSS Cell made a Donation to Vidyasagar University towards its flood relief efforts. The NSS Units, the help of its volunteers, collected two thousand rupees in cash

A Health Awareness Camp was conducted in collaboration with the Jhargram Subdivisional Hospital. Dr. Prasun Ghosh and Dr. Alo Hansda held an interactive session with the students. Dr. Ghosh spoke about the dreaded disease of Thalassaemia and its coping methods. Dr. Alo Hansda spoke about the necessity of blood donation, especially in the summer months when there is a shortage of blood in the blood banks.

World AIDS' Day was observed on 1<sup>st</sup> December 2015. A rally was held from the college to the central bus stand. The rally was led by the programme officers of all four units, and students and volunteers made up the body of the rally. The rally was followed by a seminar on AIDS and HIV awareness, held in the seminar hall of the college.

Observation of Women's Day took place on 8<sup>th</sup> March 2016. A Seminar on 'Women Education: Past and Present', was held in the college seminar room, with speakers invited from other colleges and a local girls' school.

During the Jangalmahal Utsav (3-10 January 2016), the NSS units of Jhargram Raj College provided 30 Male Volunteers and 20 Female Volunteers of NSS Units, Jhargram Raj College, were employed at the Jangalmahal Utsav 2016. They helped in crowd management, stall

management and there was a team ready to take action in case of any emergency at the grounds of the Utsav.

**Special Winter Camp:** A week-long day and night camp was organised in the college premises from 3<sup>rd</sup> to 9<sup>th</sup> February 2016. 200 male and female Volunteers and local youth engaged in the camp. Important aspects of the camp included:

- (a)** Environment development and conservation. - cleaning the campus, removing weeds, preparing the soil for plantation and planting of saplings.
- (b)** Setting up dustbins all over the campus
- (c)** Anti-Tobacco campaigning with banners placed all over the Campus
- (d)** Physical activities for all participants
- (e)** Seminars: Lecture by Dr. Tapan Kumar De, Co-ordinator, NSS Cell, Vidyasagar University  
Lecture by Prof. Saikat Sarkar on snakes  
Sukti Chaudhuri – Ancient Indian Politics  
Sharmistha Mitra – Student Life and Stress Management  
Sudipta Mullick on ‘Student Psychology’
- (f)** Cleaning of the Boys’ and Girls’ Hostels
- (g)** Cleaning Activity conducted at Jhargram Sub-divisional Hospital
- (h)** Cleaning Activity conducted at Jhargram Central Bus Stand
- (i)** Visit to Sevayatan – Socio-economic survey conducted at Sevayatan village, with special focus on Health and Sanitation and Snake-bites
- (j)** Distribution of notebooks to primary school students at Sevayatan Junior Basic School and Kechanda Part Basic School